

Kingdom of Cambodia
National Religion King

Food Security and Nutrition Training Manual
"In Context of Climate Change and Food Price Increasing"



Prepared by: Food Security and Nutrition Unit of the Council for Agricultural and Rural Development

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Acknowledgements

This Food Security and Nutrition Training Manual for national trainer pool is the first version for Cambodia. The production of this training manual responds to the request and need of the trainer pool for food security and nutrition training.

This important achievement is jointly developed and collaborated among the members of the national trainer pool and specialists from relevant stakeholders including line ministries, development partners and civil societies by collecting and sharing their knowledge, experiences, best practices and lessons learned related to food security and nutrition as an important input to develop this training manual.

The Council for Agricultural and Rural Development (CARD) of the Office of the Council of Ministers, especially food security and nutrition training unit would like to extend its profound thanks to all members of the national trainer pool and specialists from different institutions spending valuable times and sharing their knowledge, experiences and lessons learned for developing this important manual.

The Council for Agricultural and Rural Development (CARD) of the Office of the Council of Ministers, especially the food security and nutrition training unit would like to express its profound thanks to CARITAS Cambodia for providing technical and financial assistance in developing and printing this important training manual.

Food Security and Nutrition Training Unit of CARD

FORWARDS

Food Security and Nutrition is a cross-cutting issue requiring an active participation from all relevant stakeholders including not only government institutions, development partners, civil societies and private sectors, but also people and individual who need to understand and actively participate in improving food security and nutrition status.

In implementing the National Strategy for Food Security and Nutrition 2014-2018, the Royal Government of Cambodia has seriously taken its commitment to achieve the goal of food security and nutrition throughout the country which is considered as one of the top priorities to ensure human resource improvement, high economic development, prosperity and equity for Cambodians and which is reflected in the long term vision stated as "all Cambodians have physical, social and economic access to sufficient, safe, and nutritious food, at all times, to meet their dietary needs and food preferences and optimize the utilization of this food for a healthy and productive life".

The **Prime Minister** addressed during the opening of the 4th National Seminar on Food Security and Nutrition on May 2012 that "The solution to food security and nutrition responds not only to the prioritized policies of the government, but significantly contributes to poverty reduction, difficulty solution, livelihood improvement and welfare enhancement of the people in Cambodia".

Although Cambodia was affected by the global economic crisis and serious disasters, Cambodian economy has received a remarkable progress and maintained its stability to ensure the improved living condition for all people. Cambodia has succeeded and made progress on many sectors, the food insecurity and malnutrition is however still challenges, especially among children and women if compared to many other countries in the region as well as the world. Through the surveys, income is one issue but there are still other issues that cause the food insecurity and malnutrition among children and women in Cambodia such as lack of child care and feeding practices, poor hygiene and sanitation, and inappropriate food preparation to response to the body need. These problems are due to the limit understanding of our people on food security and nutrition.

This Training Manual is very important for the national trainer pool to be used as a reference for training and sharing knowledge, experiences, and lessons learned. This manual will help improve the intervention in food security and nutrition in the local development plan by raising the awareness of involved decision makers and planners from different sectors and institutions through the training on food security and nutrition both at national and sub-national level.

On behalf of the Council for Agricultural and Rural Development, Food Security and Nutrition Training Unit, and National Food Security and Nutrition Trainer Pool, I would like to extend my sincere thanks to all members of the national trainer pool, Excellencies, ladies and gentlemen for spending times, sharing knowledge and experiences as well as comments to make this training manual more meaningful and useful. At the same time, i would like to convey my deep thanks to CARITAS Cambodia for providing specialists and budget for developing and printing this important training manual.

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Rath Virak
Chairman of Food Security and Nutrition Unit of CARD

CONTENT

1. Forwards

2. National Trainer pool members

3. Abbreviation

4. Opening Session

4.1 Welcoming and Opening Remarks

4.2 Introduction, Objective, Method and Trainees' Expectation

4.3 Pre-test

5. Concept of Food Security and Nutrition

5.1 Definition of Food Security and Nutrition

5.2 Distinguish levels of (social, administrative) organization (Macro, Meso and Micro levels)

5.3 Dimensions/Pillars of Food Security and Nutrition

5.4 Manifestations of Food Insecurity and Malnutrition

5.5 Conceptual Framework of Cause of Malnutrition

6. Food Security and Nutrition Mechanisms Policies, and Strategies

6.1 Coordination Mechanism on Food Security Nutrition

6.1.1 Technical Working Group on Social protection & Food Security and Nutrition

6.1.2 Food Security Forum

6.1.3 FSN Information Management Task Force and Data Analysis Team

6.1.3 FSN Information System Team

6.1.4 National Trainer Pool

6.1.6 One Village One Product Movement

6.2 National Strategic Development Plan 2014-2018

6.3 Strategic Framework for Food Security and Nutrition 2008-2012

6.4 National Strategy for Food Security and Nutrition 2014-2018

6.5 National Nutrition Strategy 2009-2015

6.6 Fast Track Road Map for Improving Nutrition 2014-2020

6.7 Strategy for Agriculture and Water 2006-2010

6.8 Cambodian Millennium Development Goals

6.9 National Social Protection Strategy for the Poor and Vulnerable 2011-2015

6.10 Relations Between Food Security and Nutrition and Climate Change

6.11 Relations Between Food Security and Nutrition and Gender

7. Project Cycle Management

8. Assessment of Food and Nutrition Security Situation

8.1 Group Discussion

8.2 Presentation on Results of Group Discussion

9. Actions to Improve Food and Nutrition Security

9.1 Group Discussion

9.2 Presentation on Results of Group Discussion

10. Food Security and Nutrition Indicators

10.1 Common Food Security and Nutrition Indicators (Food Availability, Food Access, Use & Utilization of Food and Stability)

11. Activities Being Intervened in Improving FSN

11.1. Group discussion

11.2. Presentation on Results of Group discussion

12. Integration and Mainstreaming of Food Security and Nutrition into Planning

12.1 Mainstreaming Tools for Food Security and Nutrition into Planning

12.2 Presentation on Mainstreaming Tools for FSN

13. FSN Knowledge and Information Management

13.1. Presentation on Food Security and Nutrition Information System in Cambodia

14. Evaluation of the Training Course

14.1. Post Test

14.2. General Evaluation of the Training

15. Closing Session

16. Annex

16.1. Agenda of the training

16.2. Food and Nutrition Security Working Glossary

16.3. Food Security and Nutrition Mechanisms Policies, and Strategies

16.4. Manifestations of Food Insecurity and Malnutrition

16.5 Mainstreaming Tools for Food Security and Nutrition into Planning

16.6 Presentation on Mainstreaming Tools for FSN

16.7. Questionnaire (pre-test and post-test)

16.8. FSN Related Photos